

Welcome to Trinity Counseling Center

The physicians of Trinity Medical Associates desire that their patients be treated not only physically, but also emotionally and spiritually when appropriate. For this reason, they established the Trinity Counseling Center to more fully meet the needs of their patients. This service is subsidized by patient donations, area churches, and Trinity Medical. There is also the cost of commitment, for you and us. Therefore, in order to achieve maximum progress towards positive change, please be prepared – between weekly sessions with the counselor – to work on appropriate and reasonably-paced “homework” (preparatory work) which will be carefully explained during each session. We ask for your commitment because we have real hope for substantial change – a hope not based on our wisdom, but on God and His Word (the Bible), which gives vital, life-changing instruction for every circumstance of life (2 Peter:1:3-4).

To provide adequate time for each counseling session, our schedules are arranged into 1-hour and 1.5-hour sessions, allowing for only 20 to 25 appointments each week. Often patients may have to wait a week or two to find an open schedule. With this in mind, no-shows or last minute cancellations are very disruptive to the provision of timely care. Cancellations with less than 24 hours notice can rarely be filled, so we would ask that you please make every effort to keep scheduled appointments. When a cancellation is necessary, please notify us more than 24 hours ahead of time. While we request that you come to your session with the assigned “homework” completed, please do not miss or cancel an appointment purely for lack of the completed work. This will only hamper your progress.

We look forward to meeting with you and helping you toward significant change!