



EGD PROCEDURE INSTRUCTIONS

You are scheduled for an EGD (Esophagogastroduodenoscopy) in our office. This is a procedure that examines the esophagus, stomach and a portion of the small intestine. The scope is a long flexible tube with a camera on the end that will be inserted into your mouth. We understand that the idea of having an EGD may feel overwhelming. At Trinity, we do our best to make the process as easy as possible.

Attached is information about your upcoming procedure to help you understand what to expect. Please take the time NOW to read through the information as some of the preparation starts a week prior to your EGD.

If you have any questions after reading the instructions or need to reschedule, please contact Rob at 865-539-0270.

CANCELLING OR RESCHEDLING.

Please make every effort to keep your appointment. You may cancel or reschedule if absolutely necessary, however, we ask that you give a ONE WEEK notice. This allows us to offer the appointment to another patient. Due to the nature of the preparation of the procedure, it can be challenging to fill appointments on short notice.

Unless there is a clear emergency or illness, there will be a **\$50 cancellation fee** for appointments cancelled with a notice of less than 3 business days (less than 72 hours). Failure to follow prep instructions will not be a valid plea.

INSURANCE COVERAGE.

If you have a change in your insurance coverage since scheduling your procedure, please contact us as soon as possible. It may take 3-4 business days to verify coverage under your new plan.

EGD Preparation



Procedure Date: _____ Arrival Time: _____ Procedure Time: _____

Physician: **Randy Pardue, MD**

Location: **280 Ft. Sanders West Blvd, Building 4, Suite 101, Knoxville, TN 37922**

Phone: **865-539-0270**

1 Week Prior	Procedure Day
<p>➤ STOP</p> <ul style="list-style-type: none"> • STOP ALL blood thinners (Warfarin, Coumadin, Plavix, Lovenox, Pradaxa, Savaysa, Xarelto, Eliquis, Mobic, Celebrex) • STOP Aspirin products (Advil, Naproxen, Ibuprofen, Aleve, etc.) Tylenol is permitted. • Call office if unsure about medications to stop. <p>➤ Last chance to reschedule your appointment.</p>	<ul style="list-style-type: none"> ➤ NO FOOD or DRINK past midnight, the night before. Prescription medications are allowed. ➤ No alcohol is permitted. ➤ No gum or mints prior to your procedure. ➤ Medications – You may take your essential medications with sips of water. ➤ Diabetics: <ul style="list-style-type: none"> • If you are on insulin, take ½ the usual dose prior to your procedure. You can take the remaining dose after the procedure. • If your diabetes is controlled by oral medication, do not take the medication until after the procedure. ➤ Please bring a responsible adult to take you home. You can not drive or walk home and will not be released to a taxi or public transportation system. ➤ Sedation. Do not plan to go back to work until the following day or make any major decisions as the effects of sedation linger.